

  
**PLENVU®**  
Powder for Oral Solution  
PEG 3350, Sodium Ascorbate, Sodium Sulfate, Ascorbic Acid, Sodium Chloride, and Potassium Chloride  
140 g | 48.11 g | 9 g | 7.54 g | 5.2 g | 2.2 g

# Getting a colonoscopy?



Learn about a low-volume prep!

## INDICATION

PLENVU® (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

## IMPORTANT SAFETY INFORMATION

- Do not take PLENVU® if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine (bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU®.

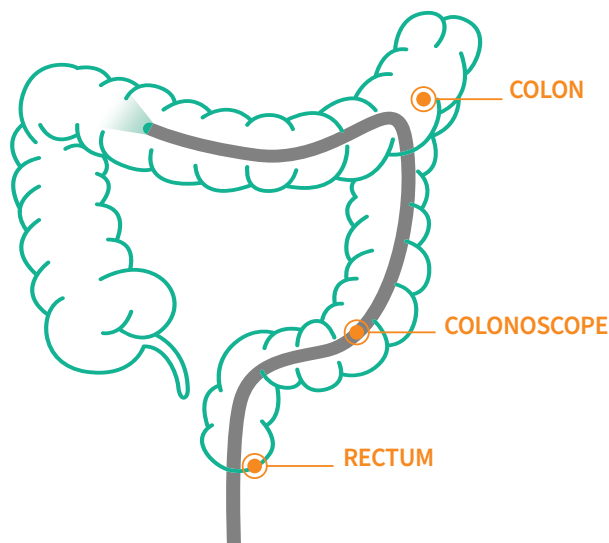
**Please see pages 14-15 for full Important Safety Information and [click here](#) for full Prescribing Information.**

## What is a colonoscopy?

A colonoscopy is a common painless procedure where your healthcare provider—usually a gastroenterologist—uses a camera called a colonoscope to look inside your rectum and entire colon.

One of the things your healthcare provider will be looking for are small growths called polyps.

If not removed, polyps may become cancerous.



Colonoscopy is widely considered to be the **GOLD STANDARD** for colorectal cancer screening

**>90%**

of polyps can be found  
by a colonoscopy

Other tests can be used to check for colon cancer, but they may not be as effective as a colonoscopy at finding polyps. They also need to be done more often. Additionally, if polyps are found, they can't be removed using most other tests, requiring you to have a colonoscopy anyway.

## When should I get a colonoscopy?

The American Cancer Society recommends  
regular colon cancer screenings for everyone aged

**45 to 75**  
years years

In many cases, people only need to get a colonoscopy **once every 10 years**. Your healthcare provider will let you know how often you should get one.

A colonoscopy is important because it helps to prevent and detect colon cancer and other gastrointestinal (GI) issues.

Colon cancer is the third most common cancer and the second leading cause of cancer death for men and women combined in the United States.

**However, if colon cancer is found early and treated, the 5-year survival rate is about 90%.**

Talk to your healthcare provider about having a colonoscopy if you're 45 years of age or older, or have any of the following:

- A family history of colon cancer
- Change in bowel habits
- Blood in your stool
- Pain in your stomach area (abdomen)
- Unexplained weight loss
- A digestive condition, such as inflammatory bowel disease (Crohn's disease or ulcerative colitis)

What can I **expect**?



## **BEFORE** the colonoscopy

- You will need to complete a bowel prep
  - A bowel prep is a medicine that you drink to help clean out your colon
- Having a clean colon is critical to a successful colonoscopy
  - This will allow your healthcare provider to have the best view and remove any polyps that may be found
  - Without a clear view, these abnormalities can be missed and could lead to colon cancer over time
  - Be sure to follow your healthcare provider's instructions for how to take the prep

## **DURING** the colonoscopy

- You'll be given a mild sedative before the start of the procedure. This will make sure you won't feel any discomfort
- A small flexible tube with a camera will be used to look for polyps (small growths) and anything abnormal inside your rectum or colon
- If something is found, it can be removed and tested to make sure it isn't harmful

## **AFTER** the colonoscopy

- You may feel a little sleepy from the sedative, so be sure you have a ride home
- You may also have some gas and bloating. This is normal

### **IMPORTANT SAFETY INFORMATION** (continued)

- PLENVU® and other bowel preparations can cause serious side effects including loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in body salts with PLENVU® is higher if you have heart problems, kidney problems, or take water pills, high blood pressure medicine, or non-steroidal anti-inflammatory drugs (NSAIDs).

**Please see pages 14-15 for full Important Safety Information and [click here](#) for full Prescribing Information.**

Preparing for  
**a colonoscopy?**

**How you prep  
matters**



**PLENVU®** was designed with you  
in mind

Requires **less overall liquid to drink**  
vs a standard bowel prep



Note: actual solution is clear

**PLENVU®**  
**32 oz medicine**  
**PLUS AT LEAST 32 OZ**  
**ADDITIONAL CLEAR LIQUIDS**

VS



**128 oz medicine**  
**ADDITIONAL CLEAR LIQUIDS**  
**MAY BE CONSUMED**

**IMPORTANT SAFETY INFORMATION (continued)**

- Your healthcare provider may do blood tests after you take PLENVU® to check your blood for changes. Tell your healthcare provider right away if you have any symptoms of too much fluid loss (dehydration) including vomiting, dizziness, heart problems, kidney problems, seizures, dry mouth, urinating less often than normal; headache, or feel faint, weak, or lightheaded, especially when you stand up.

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Why **PLENVU®**?

PLENVU® is an FDA-approved prescription drug preparation used by adults to clean the colon before a colonoscopy.

**Acceptability of taste**

**2x** 

as many people rated the taste of PLENVU®  
“very acceptable” when compared with those  
who took another leading bowel prep<sup>\*,†,‡</sup>

\*Based on diary ratings given by patients who took PLENVU® or Suprep® during a clinical trial. There were no differences between the ratings given for easy to follow instructions, easy to drink, effectiveness of bowel cleansing, and interference with normal daily activities

†Very acceptable: 15.2%, PLENVU® vs 7.5%, Suprep

‡Very acceptable or acceptable: 66.7%, PLENVU® vs 50.7%, Suprep

You should stop  
drinking liquids **at least 2 hours**  
before colonoscopy

**PLENVU®** provides  
the cleanse you need with  
a low-volume bowel prep



TM

  
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# PLENVU® see what patients had to say

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## RESULTS FROM A REAL-WORLD ONLINE US SURVEY\*

### How easy was it for you to prepare and take **PLENVU®**?

Based on 1598 responses,

**3** out of **4**  
rated PLENVU® “very easy”  
to prepare and take

3 out of 4 (76%) represents patients who indicated scores of 7-9 on a 9-point scale

### How satisfied were you with **PLENVU®** overall?

**90%**  
of patients were very or moderately  
satisfied overall\* with PLENVU®†

90% represents patients who indicated scores of 4-9 on a 9-point scale

### IMPORTANT SAFETY INFORMATION (continued)

- PLENVU® can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- PLENVU® can cause serious allergic reactions that may include skin rash, itching, raised red patches on your skin (hives); swelling of the face, lips, tongue, and throat; and kidney problems.
- The most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and stomach pain or discomfort.

\*Patient survey results collected up to 2 weeks post-colonoscopy. Over 1600 patients were provided PLENVU® samples for colonoscopy and 707 healthcare providers were recruited from gastroenterology practices from across the United States to share their experience with PLENVU®. Patients received a \$20 gift card for their time. Survey questions were scored on 9-point scale with high scores (7-9) indicating strong favorable rating for PLENVU®, mid-range scores (4-6) were average, and low scores (1-3) were negative. Patients were asked to provide specific information about themselves and relevant medical history, and to report their experience with PLENVU®. Patients who previously had a colonoscopy were asked to recall how their PLENVU® experience compared to any previously used bowel preps. No statistical tests were run in this survey, and as a result, no statistically significant difference can be inferred.  
†Overall satisfaction was based on how well patients tolerated the product (ie, volume and taste)



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# Frequently asked **questions**

## 1. What does **PLENVU**<sup>®</sup> taste like?



PLENVU<sup>®</sup> has 2 distinct flavors



DOSE 1: **MANGO**

DOSE 2: **FRUIT PUNCH**

**You'll need to take both doses to complete your prep.**

## 2. Is **PLENVU**<sup>®</sup> gluten-free?

PLENVU<sup>®</sup> is gluten-free.

## 3. What can I drink when taking **PLENVU**<sup>®</sup>?

You don't need to drink only water—you can have your choice of clear liquids!

Examples include

- Clear soda (ginger ale, seltzer)
- Sports drinks (nothing colored red or purple)
- Clear broth soups
- Strained clear fruit juice (without pulp)
- Strained lemonade or limeade
- Coffee/tea (without milk or creamer)
- Gelatin (without fruit or toppings; nothing colored red or purple)
- Popsicles (without pieces of fruit or pulp; nothing colored red or purple)

These are examples of some clear liquids you're allowed to drink while taking PLENVU<sup>®</sup>. However, **when mixing PLENVU<sup>®</sup>, use only water.**

**Do not drink** alcohol, milk, red or purple colored liquids, or drinks containing pulp.

**Stop drinking all liquids 2 hours before your colonoscopy or as recommended by your healthcare provider.**

**If you need to take any other oral medicines, please take them at least one hour before starting each dose of PLENVU<sup>®</sup>.**

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## 4. How do I take **PLENVU**<sup>®</sup>?

There are 2 different ways to take PLENVU<sup>®</sup>:  
Same-day morning-of-colonoscopy dosing\* and 2-day split-dosing.  
Whichever way you take PLENVU<sup>®</sup>, there are 2 doses. **You'll need to take both doses to complete your prep.**

Your healthcare provider will choose the option that's right for you.

\*The "One-Day Morning Dosing Regimen" (as it is labeled in the Prescribing Information) is referred to as "Same-Day Morning-of-Colonoscopy Dosing"


## 5. When should I take each dose of **PLENVU**<sup>®</sup>?

Visit [myPLENVU.com](https://myPLENVU.com) for the recommended dosing schedule or follow the dosing schedule recommended by your healthcare provider.

## 6. When am I ready for a colonoscopy?

Your first bowel movement may happen about 1 to 2 hours after you start taking PLENVU<sup>®</sup>, and bowel movements will continue for up to 2 hours. With each bowel movement, your stool will get looser and clearer. After you've finished your prep and your stool is clear and yellow, you're ready for your colonoscopy.

While taking your prep, look at the image below to see which stage you're at.

				
<b>Starting out:</b> Soft brown stool	<b>Heading in the right direction:</b> Looser stool	<b>Getting there:</b> Looser stool; watery with no solid components	<b>Almost ready:</b> Orange and slightly murky	<b>Ready to go:</b> Yellow and clear

## **IMPORTANT SAFETY INFORMATION** (continued)

- Tell your healthcare provider about all of your medical conditions and medicines you take, including prescription, nonprescription medicines, vitamins, and herbal supplements before you take PLENVU<sup>®</sup>.

These are not all the possible side effects of PLENVU<sup>®</sup>. Ask your healthcare provider for more information.

## Support every step of the way

Complimentary services were created just for you to make sure that you have the best experience possible.



### PLENVU® Texting Program\*

Text **PLENVU®** to **84883** to join our texting program\*  
Get personalized support with:

- Text message reminders on when to take your PLENVU® doses
- Helpful tips to guide you during your colonoscopy prep
- Co-pay card activation to save on your prescription



### PLENVU® Hotline (1-855-697-5368)

Have more questions?

- Multilingual assistance available: Over 200 languages supported
- Available Monday through Friday, 6 AM-Midnight, EST; Sunday 4 PM-Midnight, EST
- Closed Saturday



### Dosing Instruction Videos

Visit **myPLENVU.com** for step-by-step instructions on how to take PLENVU®



### PLENVU® Co-pay Assistance

- Savings available with the PLENVU® Co-pay Assistance Card†
- Download or activate your PLENVU® Co-pay Assistance Card by visiting <https://plenvu.copaysavingsprogram.com/>
- Already have a card? Call **1-855-202-3208** or text PLENVU to **84883** to activate
- Once your card is activated, bring it with you to the pharmacy when picking up your PLENVU® prescription



### Medicare Part D Patients

- Salix also offers co-pay assistance for patients with Medicare Part D† whose plan does not cover PLENVU®, or their out-of-pocket costs exceed \$60

\*At no cost with an unlimited texting plan; otherwise, message and data rates may apply. Message frequency determined by user. Text HELP to 84883 for help. Text STOP to 84883 to cancel. For terms, visit [cs1.me/plenvu](https://cs1.me/plenvu)

†Restrictions apply. Not available to patients enrolled in federal, state, or governmental health care programs, including, but not limited to, Medicare, TRICARE, Veterans Administration, Department of Defense, CHAMPUS, the Puerto Rico Government Health Insurance Plan, or any other federal or state health care program

‡Terms, conditions, and limitations apply. Most eligible patients may pay as little as \$60. Visit [plenvupartd.copaysavingsprogram.com](https://plenvupartd.copaysavingsprogram.com) for the program's full Eligibility Criteria and Terms and Conditions

## Questions to ask your healthcare provider

### 1. When should I start my prep?

☐ Evening before my colonoscopy ☐ Morning of my colonoscopy

### 2. At what time should I start my prep?

**DOSE 1:** Date: \_\_\_\_\_ Time: \_\_\_\_\_

**DOSE 2:** Date: \_\_\_\_\_ Time: \_\_\_\_\_

### 3. When should I stop drinking liquids before my colonoscopy?

\_\_\_\_\_  
\_\_\_\_\_

### 4. Are there any medications I should stop taking before my colonoscopy?

\_\_\_\_\_  
\_\_\_\_\_

### 5. How long will the colonoscopy take?

\_\_\_\_\_  
\_\_\_\_\_

### NOTES

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Scan this code for more information about support resources.

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- PLENVU® and other bowel preparations can cause serious side effects including loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in body salts with PLENVU® is higher if you have heart problems, kidney problems, or take water pills, high blood pressure medicine, or non-steroidal anti-inflammatory drugs (NSAIDs).
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- The most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and stomach pain or discomfort.
- Tell your healthcare provider about all of your medical conditions and medicines you take, including prescription, nonprescription medicines, vitamins, and herbal supplements before you take PLENVU®.

These are not all the possible side effects of PLENVU®. Ask your healthcare provider for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center  
Phone: 1-800-321-4576  
Fax: 1-510-595-8183  
Email: [salixmc@dlss.com](mailto:salixmc@dlss.com)

Please [click here](#) for full Prescribing Information.





  
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Visit  
**myPLENVU.com**  
for more  
information



**PLENVU®** was  
designed with you in mind

**MORE TASTE VARIETY** with 2 different flavors:

**MANGO** (Dose 1)  and **FRUIT PUNCH** (Dose 2)\* 

**FLEXIBLE AND CONVENIENT DOSING OPTIONS:**

Same-day morning-of-colonoscopy dosing† or 2-day split-dosing‡

**SUPPORT** you can count on every step of the way

Ask your healthcare provider about  
**PLENVU®** today!

\*Both doses are required to complete the prep

†The "One-Day Morning Dosing Regimen" (as it is labeled in the Prescribing Information) is referred to as "Same-Day Morning-of-Colonoscopy Dosing"

‡Your healthcare provider will choose the option that's right for you

### **IMPORTANT SAFETY INFORMATION** (continued)

- The most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and stomach pain or discomfort.

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